

WOMEN'S +90.0 Kilo Class WORLD, EUROPEAN & NORTH-AMERICAN RECORDS, EQUIPPED Division; February, 2003

T 1 = (Teenage 14-15); T 2 = (16-17); T 3 = (18-19); Junior (20-23); and M = Masters' Categories

Women's +90.0 Kilo Weight Class WORLD Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
OPEN	Julie Schulz (1994)	USA	218.0	Cyndi Regan (1992)	USA	*130.0*	Laura Hodjumulova (1997) Russia	202.5	Cyndi Regan (1992)	USA	517.5	
T 1 (14-15)												
T 2 (16-17)	Sarah Greenup (1999)	USA	205.0	Sarah Greenup (1999)	USA	92.5	Sarah Greenup (1999)	USA	170.0	Sarah Greenup (1999)	USA	467.5
T 3 (18-19)	Lisa Kiriaki (1996)	USA	195.0	Lisa Kiriaki (1996)	USA	*80.0*	Lisa Kiriaki (1996)	USA	162.5	Lisa Kiriaki (1996)	USA	432.5
Juniors (20-23)												
M 1 (40-44)	Cyndi Regan (1992)	USA	213.0	Cyndi Regan (1992)	USA	*130.0*	Barbara E.Vincent (1995)	USA	187.5	Cyndi Regan (1992)	USA	515.0
M 2 (45-49)	Cyndi Regan (1993)	USA	200.0	Cyndi Regan (1995)	USA	*115.0*	Cyndi Regan (1994)	USA	191.0	Cyndi Regan (1995)	USA	490.0
M 3 (50-54)												
M 4 (55-59)	Krystyn Dean (1996)	USA	142.5	Krystyn Dean (1996)	USA	*80.0*	Krystyn Dean (1997)	USA	177.5	Krystyn Dean (1996)	USA	365.0
M 5 (60-64)	Mary Jo Harlow (1999)	USA	100.0	Mary Jo Harlow (1999)	USA	50.0	Mary Jo Harlow (1999)	USA	122.5	Mary Jo Harlow (1999)	USA	272.5

Women's +90.0 Kilo Weight Class EUROPEAN Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
European OPEN	Laura Hodjumulova (1997)	Russia	192.5	Laura Hodjumulova (1997)	Russia	*92.5*	Laura Hodjumulova (1997)	Russia	202.5	Laura Hodjumulova (1997)	Russia	487.5

Women's +90.0 Kilo Weight Class North-American Championships Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
OPEN	Cyndi Regan (1992)	USA	202.5	Cyndi Regan (1992)	USA	130.0	Cyndi Regan (1992)	USA	185.0	Cyndi Regan (1992)	USA	515.0
M 1 (40-44)	Cyndi Regan (1992)	USA	202.5	Cyndi Regan (1992)	USA	130.0	Cyndi Regan (1992)	USA	185.0	Cyndi Regan (1992)	USA	515.0

Women's +90.0 Kilo Weight Class SINGLE-EVENT WORLD Records, EQUIPPED Division:

Division	SQUAT RECORDS		Weight	Division	BENCH PRESS		Weight	Division	DEADLIFT Records		Weight
	NAME	COUNTRY			NAME	COUNTRY			NAME	COUNTRY	

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OPEN			OPEN	Anita Mahoney Ireland (1999)	105.0	OPEN		
T 1 (14-15)			T 1 (14-15)	Honorata Bajak Poland (1994)	*37.5*	T 1 (14-15)		
M 1 (40-44)			M 1 (40-44)	Diana Womack USA (1995)	*65.0*	M 1 (40-44)		
M 4 (55-59)			M 4 (55-59)	Cerise Ogg USA (1996)	*82.5*	M 4 (55-59)		

Women's +90.0 Kilo Weight Class SINGLE-EVENT EUROPEAN Records, EQUIPPED Division:

Division	SQUAT RECORDS		Weight	Division	BENCH PRESS		Weight	Division	DEADLIFT Records		Weight
	NAME	COUNTRY			NAME	COUNTRY			NAME	COUNTRY	
OPEN				OPEN	Anita Mahoney Ireland (1999)		105.0	OPEN			
T 1 (14-15)				T 1 (14-15)	Honorata Bajak Poland (1994)		*37.5*	T 1 (14-15)			
T 2 (16-17)				T 2 (16-17)				T 2 (16-17)			
T 3 (18-19)				T 3 (18-19)				T 3 (18-19)			
Junior (20-23)				Junior (20-23)				Junior (20-23)			