

**WOMEN'S 70.0 Kilo Class POWERLIFTING WORLD & EUROPEAN RECORDS, EQUIPPED Division; November, 2006**

T 1 = (Teenage 14-15); T 2 = (16-17); T 3 = (18-19); Junior (20-23); and M = Masters' Categories

**Women's 70.0 Kilo Weight Class WORLD Records, EQUIPPED Division:**

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
<b>OPEN</b>	Jackie Pierce (1989)	USA	187.5	Jackie Pierce (1989)	U.S.A.	*105.0*	Jackie Pierce (1989)	USA	220.0	Jackie Pierce (1989)	USA	512.5
<b>T 1</b> (14-15)	Alexia Houser (1995)	USA	135.0	Alexia Houser (1995)	USA	*55.0*	Alexia Houser (1995)	USA	142.5	Alexia Houser (1995)	USA	327.5
<b>T 2</b> (16-17)	Emma Willan (1993)	England	170.0	Emma Willan (1993)	England	*70.0*	Emma Willan (1993)	England	170.0	Emma Willan (1993)	England	410.0
<b>T 3</b> (18-19)	Emma Willan (1994)	England	180.0	Emma Willan (1994)	England	*75.0*	Emma Willan (1994)	England	180.0	Emma Willan (1994)	England	435.0
<b>Juniors</b> (20-23)	Jodee Rempel (2000)	Canada	11.0	Jodee Rempel (2000)	Canada	57.5	Jodee Rempel (2000)	Canada	120.0	Jodee Rempel (2000)	Canada	282.5
<b>M 1</b> (40-44)	Susan Gill (1994)	USA	102.5	Judith Hewlett (1993)	England	*56.0*	Judith Hewlett (1994)	England	145.0	S.Gill (1994)	USA	302.5
<b>M 2</b> (45-49)	Joann Reif (1994)	USA	125.0	Susan Gill (1997)	USA	*62.5*	Susan Gill (1996)	USA	152.5	Susan Gill (1997)	USA	325.0
<b>M 3</b> (50-54)	Helen Kostandinos (1998)	Australia	115.0	Helen Kostandinos (1998)	Australia	*65.0*	Helen Kostandinos (1998)	Australia	145.0	Helen Kostandinos (1998)	Australia	325.0
<b>M 4</b> (55-59)	Helen Kostandinos (2000)	Australia	120.0	Helen Kostandinos (2000)	Australia	67.5	Helen Kostandinos (2000)	Australia	150.0	Helen Kostandinos (2000)	Australia	337.5
<b>M 5</b> (60-64)	Regina Hackney (1999)	USA	110.0	Regina Hackney (1999)	USA	62.5	Regina Hackney (1999)	USA	133.0	Regina Hackney (1999)	USA	305.0
<b>M 7</b> (70-74)	P.Larkin (1991)	USA	72.5	P.Larkin (1991)	USA	*35.0*	P.Larkin (1991)	USA	107.5	P.Larkin (1991)	USA	215.0

**Women's 70.0 Kilo Weight Class EUROPEAN Records, EQUIPPED Division:**

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
<b>European OPEN</b>	Helen Williams (1994)	England	185.5	Petra Stumpfova (2006)	Ireland	105.0	Helen Williams (1994)	England	200.00	Helen Williams (1994)	England	472.5
<b>T 2</b> (16-17)	Emma Willan (1993)	England	170.0	Emma Willan (1993)	England	*70.0*	Emma Willan (1993)	England	170.0	Emma Willan (1993)	England	410.0
<b>T 3</b> (18-19)	Emma Willan (1994)	England	180.0	Emma Willan (1994)	England	*75.0*	Emma Willan (1994)	England	180.0	Emma Willan (1994)	England	435.0
<b>M 1</b> (40-44)	Judith Hewlett (1993)	England	97.5	Judith Hewlett (1993)	England	*56.0*	Judith Hewlett (1994)	England	145.0	Judith Hewlett (1994)	England	295.0
<b>M 2</b> (45-49)	Pat Smith (1990)	England	95.0	Pat Smith (1990)	England	*50.0*	P.Smith (1990)	England	130.0	Pat Smith (1990)	England	275.0

**Women's 70.0 Kilo Weight Class North-American Championships Records, EQUIPPED Division:**

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
<b>OPEN</b>	Nancy Briguglio (1996)	USA	127.5	Nancy Briguglio (1996)	USA	*67.5*	Marsha L. Serre (1996)	USA	147.5	Nancy Briguglio (1996)	USA	342.5
<b>M 2</b> (45-49)	Marsha Serre (1996)	USA	122.5	Marsha Serre (1996)	USA	*52.5*	Marsha Serre (1996)	USA	147.5	Marsha Serre (1996)	USA	322.5

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**Women's 70.0 Kilo Weight Class SINGLE-EVENT WORLD Records, EQUIPPED Division:**

Division	SQUAT RECORDS		Weight Kg	Division	BENCH PRESS		Weight Kg	Division	DEADLIFT Records		Weight Kg
	NAME	COUNTRY			NAME	COUNTRY			NAME	COUNTRY	
<b>OPEN</b>	Marie-Laure Lambert (2004)	France	112.5	<b>OPEN</b>	Petra Stumpfova (2006)	Ireland	97.5	<b>OPEN</b>	Concetta Esposito (2003)	Italy	152.5
<b>T 1</b> (14-15)				<b>T 1</b> (14-15)	Stephanie Baron (1993)	France	*65.0*	<b>T 1</b> (14-15)			
<b>T 2</b>	Marie-Laure Lambert (2004)	France	112.5	<b>T 2</b> (16-17)	Marie-Laure Lambert (2004)	France	50.0	<b>T 2</b>	Marie-Laure Lambert (2004)	France	130.0
<b>T 3</b> (18-19)				<b>T 3</b> (18-19)	Kamila Sidor (1993)	Poland	*60.0*	<b>T 3</b> (18-19)	Virginie Collart (2006)	Belgium	75.0
<b>Junior</b>				<b>Junior</b> (20-23)	Mirille De Glorie (2004)	Belgium	50.0	<b>Junior</b>			
<b>M 1</b> (40-44)				<b>M 1</b> (40-44)	Martine Pointeau (1995)	Belgium	*80.0*	<b>M 1</b> (40-44)			
<b>M 5</b> (60-64)	Regina Hackney (2000)	USA	102.5								

**Women's 70.0 Kilo Weight Class SINGLE-EVENT EUROPEAN Records, EQUIPPED Division:**

Division	SQUAT RECORDS		Weight	Division	BENCH PRESS		Weight	Division	DEADLIFT Records		Weight
	NAME	COUNTRY			NAME	COUNTRY			NAME	COUNTRY	
<b>OPEN</b>	Marie-Laure Lambert (2004)	France	112.5	<b>OPEN</b>	Petra Stumpfova (2006)	Ireland	97.5	<b>OPEN</b>	Concetta Esposito (2003)	Italy	152.5
<b>T 1</b> (14-15)				<b>T 1</b> (14-15)	Stephanie Baron (1993)	France	*65.0*	<b>T 1</b> (14-15)			
<b>T 2</b>	Marie-Laure Lambert (2004)	France	112.5	<b>T 2</b> (16-17)	Marie-Laure Lambert (2004)	France	50.0	<b>T 2</b>	Marie-Laure Lambert (2004)	France	130.0
<b>T 3</b> (18-19)				<b>T 3</b> (18-19)	Kamila Sidor (1993)	Poland	*60.0*	<b>T 3</b> (18-19)	Virginie Collart (2006)	Belgium	75.0
<b>Junior</b> (20-23)				<b>Junior</b> (20-23)	Mirille De Glorie (2004)	Belgium	50.0	<b>Junior</b> (20-23)			
<b>M 1</b> (40-44)				<b>M 1</b> (40-44)	Martine Pointeau (1995)	Belgium	*80.0*	<b>M 1</b> (40-44)			