

WOMEN'S 63.0 Kilo Class SINGLE EVENT WORLD & EUROPEAN RECORDS, EQUIPPED Division: October, 2006

T 1 = (Teenage 14-15); T 2 = (16-17); T 3 = (18-19); Juniors (20-23); and M = Masters' Categories

Women's 63.0 Kilo Weight Class WORLD POWERLIFTING Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
OPEN	Michelle Stevens	USA (1993)	192.5	Catherine Faraldo	(1992) U.S.A.	*82.5*	Michelle Stevens	USA (1994)	207.75	Michelle Stevens	USA (1989)	467.5
T 1 (14-15)	Crystal Chapman	USA (1995)	112.5	Crystal Chapman	USA (1995)	*57.5*	Crystal Chapman	USA (1995)	117.5	Crystal Chapman	USA (1995)	287.5
T 2 (16-17)	Jena Poznyak	Russia (2003)	120.0	Jena Poznyak	Russia (2003)	70.0	Bernadette Manker	USA (1996)	150.0	Jena Poznyak	Russia (2003)	320.0
T 3 (18-19)	S. Collar	USA (1992)	132.5	Sarah Collar	U.S.A. (1992)	*77.5*	S. Collar	USA (1992)	167.5	S. Collar	USA (1992)	377.5
Juniors (20-23)	Shannon Heany	USA (1995)	145.0	Ray Lee Taka	(1997) New Zealand	*80.0*	Shannon Heany	USA (1995)	150.0	Shannon Heany	USA (1995)	367.5
M 1 (40-44)	Dara Lehaus	USA (1996)	155.0	M. Bureau	France (1992)	*75.0*	Dara Lehaus	USA (1996)	172.5	Dara Scott	USA (1996)	392.5
M 2 (45-49)	M. Bureau	USA (1991)	120.0	M. Bureau	France (1991)	*75.0*	Brigitte Guyot	France (2000)	147.5	M. Bureau	France (1991)	327.5
M 3 (50-54)	Helen Konstandinos	(1998) Australia	120.0	Helen Konstandinos	(1998) Australia	*67.0*	Helen Konstandinos	(1998) Australia	148.0	Helen Konstandinos	(1998) Australia	332.5
M 4 (55-59)	Barb Falconio	USA (1994)	130.0	Barb Falconio	U.S.A. (1994)	*62.5*	Barb Falconio	USA (1994)	152.5	Barb Falconio	USA (1994)	345.0
M 5 (60-64)	N. Decker	USA (1991)	92.5	N. Decker	U.S.A. (1991)	*42.5*	N. Decker	USA (1991)	125.0	N. Decker	USA (1991)	260.0

Women's 63.0 Kilo Weight Class EUROPEAN POWERLIFTING Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
European OPEN	D. DeBuisson	France (1993)	160.0	Doris DeBuisson	(1991) France	*80.0*	L. Poole	GB (1991)	177.5	Clara Kasbarian	France (1989)	430.0
M 1 (40-44)	M. Bureau	France (1990)	120.0	M. Bureau	France (1990)	*75.0*	M. Bureau	France (1990)	130.0	M. Bureau	France (1990)	325.0
M 2 (45-49)	M. Bureau	France (1992)	120.0	M. Bureau	France (1992)	*75.0*	Brigitte Guyot	France (2000)	147.5	M. Bureau	France (1992)	327.5
M 3 (50-54)	Sylvie Auger	France (2002)	115.0	Sylvie Auger	France (2002)	55.0	Sylvie Auger	France (2002)	130.0	Sylvie Auger	France (2002)	300.0

Women's 63.0 Kilo Weight Class North-American Championships Records, EQUIPPED Division:

Division:	SQUAT		Weight Kg	BENCH PRESS		Weight Kg	DEADLIFT		Weight Kg	TOTAL		Weight Kg
	Name	Country		Name	Country		Name	Country		Name	Country	
OPEN	Sarah Collar	USA (1992)	132.5	Sarah Collar	USA (1992)	*77.5*	Sarah Collar	USA (1992)	167.5	Sarah Collar	USA (1992)	377.5
T 2 (15-16)	Bernadette Manker	USA (1996)	110.0	Bernadette Manker	USA (1996)	*42.5*	Bernadette Manker	USA (1996)	150.0	Bernadette Manker	USA (1996)	302.5
T 3 (18-19)	Sarah Collar	USA (1992)	132.5	Sarah Collar	USA (1992)	*77.5*	Sarah Collar	USA (1992)	167.5	Sarah Collar	USA (1992)	377.5

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Women's 63.0 Kilo Weight Class SINGLE-EVENT WORLD Records, EQUIPPED Division:

SQUAT RECORDS			BENCH PRESS			DEADLIFT Records					
Division	NAME	COUNTRY	Weight	Division	NAME	COUNTRY	Weight	Division	NAME	COUNTRY	Weight
OPEN	Helen Kostadinou	Australia	115.0	OPEN	Shari McMahon	USA	*102.5*	OPEN	Helen Kostadinou	Australia	140.0
T 1 (14-15)				T 1 (14-15)	Severine Malloteau	Belgium	67.5	T 1 (14-15)			
T 2 (16-17)				T 2 (16-17)	Monika Maj	Poland	*55.0*	T 2 (16-17)			
T 3 (18-19)				T 3 (18-19)				T 3 (18-19)			
Junior (20-23)	Vanessa Crombez	Belgium	50.0	Junior (20-23)				Junior (20-23)			
M 2 (45-59)				M 2 (45-59)	Dominique Launay	France	81.5	M 2 (45-59)			

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M 3 (50-54)			M 3 (50-54)	Dominique Launay (2004) France	82.5	M 3 (50-54)		
M 4 (55-59)	Helen Kostadinos (2000) Australia	115.0	M 4 (55-59)	Josette Bouillon Belgium (2000)	52.5	M 4 (55-59)	Teresa Iaccarino Italy (2003)	110.0
M 5 (60-64)	Helen Kostadinos (2006) Australia	115.0	M 5 (60-64)	Helen Kostadinos (2006) Australia	65.5	M 5 (60-64)	Helen Kostadinos (2006) Australia	140.0

Women's 63.0 Kilo Weight Class SINGLE-EVENT EUROPEAN Records, EQUIPPED Division:

Division	SQUAT RECORDS		Weight	Division	BENCH PRESS		Weight	Division	DEADLIFT Records		Weight
	NAME	COUNTRY			NAME	COUNTRY			NAME	COUNTRY	
OPEN				OPEN	Dominique Launay	(2004) France	82.5	OPEN	Teresa Iaccarino	Italy (2003)	110.0
T 1 (14-15)				T 1 (14-15)	Severine Malloteau	(2001) Belgium	67.5	T 1 (14-15)			
T 2 (16-17)				T 2 (16-17)	Monika Maj	Poland (1993)	*55.0*	T 2 (16-17)			
Junior	Vanessa Crombez	(2006) Belgium	50.0								
M 2 (45-49)				M 2 (45-49)	Dominique Launay	(2001) France	81.5	M 2 (45-49)			
M 3 (50-54)				M 3 (50-54)	Dominique Launay	(2004) France	82.5	M 3 (50-54)			
M 4 (55-59)				M 4 (55-59)	Josette Bouillon	Belgium (2000)	52.5	M 4 (55-59)	Teresa Iaccarino	Italy (2003)	110.0